

**NACOGDOCHES COUNTY
&
NACOGDOCHES MEMORIAL
HOSPITAL**

***Reducing Adult Potentially Preventable
Hospitalizations***

Texas Department of State Health Services

HEALTHCARE PROVIDER PRESENTATION

- Sixteen counties funded for ten conditions
- Goal:
 - Educate 400 healthcare providers
 - Reduce hospitalizations
 - Reduce admissions
 - Save lives

HEALTHCARE PROVIDER PRESENTATION

- Definition of UTI & Dehydration
- Trends and Costs (Texas & Local)
- Patients are at home
- Types of Urinary Tract Infections
- Signs & Symptoms
- Antibiotics and Resistance

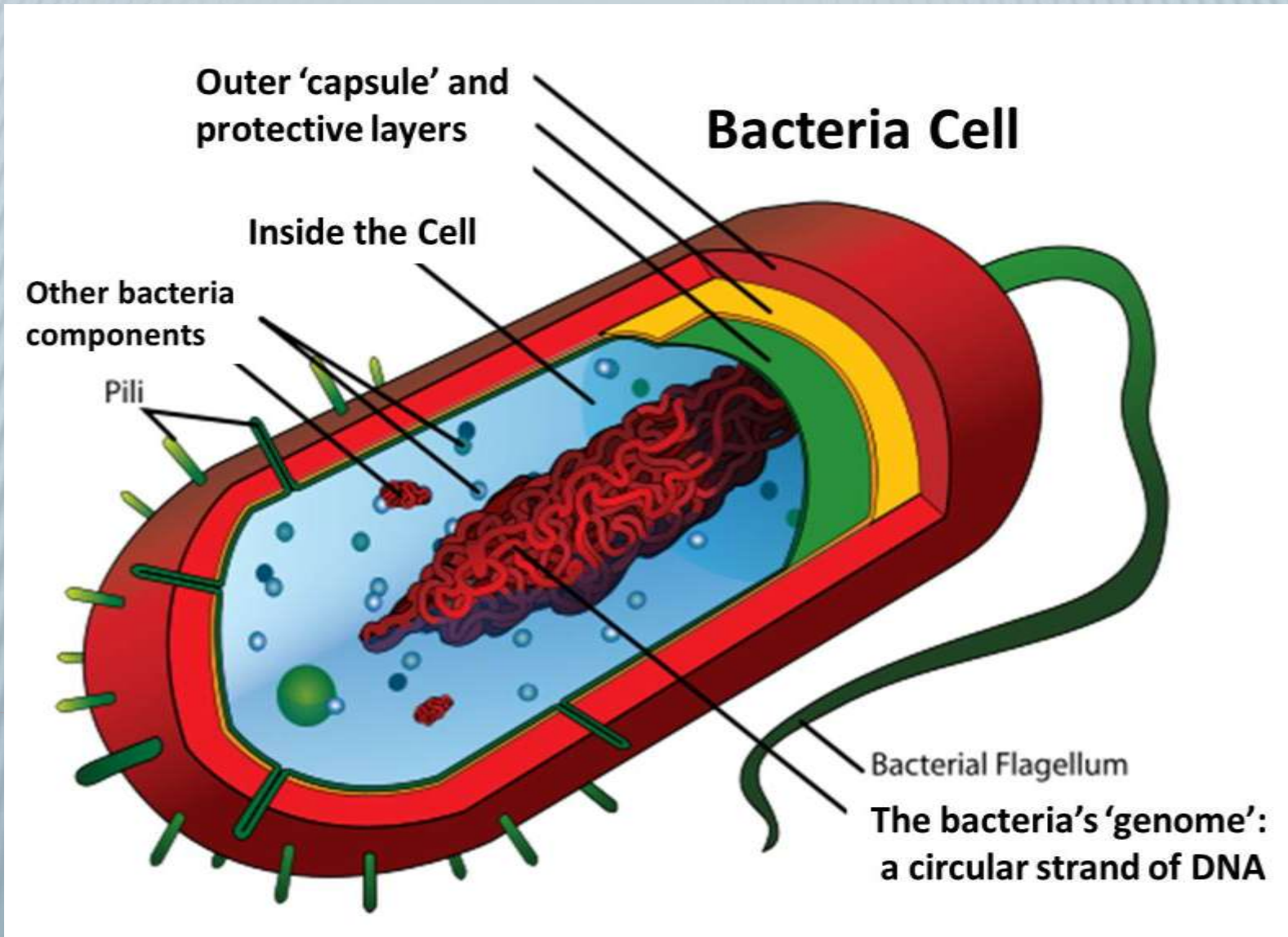
HEALTHCARE PROVIDER PRESENTATION

- Preventions: Catheters & Hygiene
- Educating Patients
- Fluid Amount
- Other Options to increase fluid
- Reasons older adults do not drink enough fluid

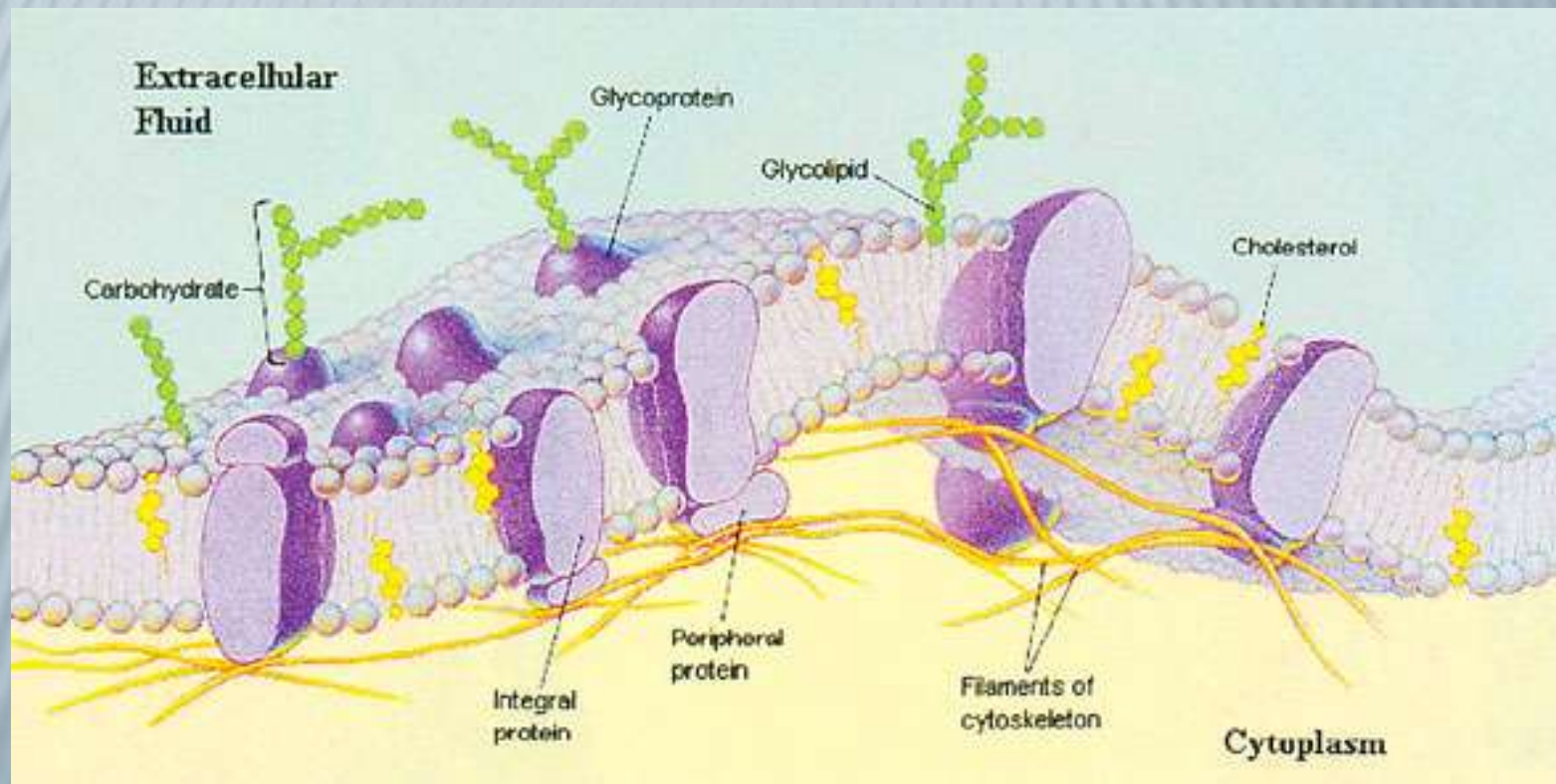
HEALTHCARE PROVIDER PRESENTATION

- Alcohol
- Tap Water vs. Bottled Water
- Water Balance: Gains & Losses
- Discussion: “as a healthcare provider, what can you do”?

ANTIBIOTIC RESISTANCE



FLUID AND THE CELL MEMBRANE



CONCERNS

- Systems approach: Co-morbidities are a problem causing the patient to remain in the hospital for a longer period.
- Changes within a facility: If a patient has entered with dehydration or urinary tract infection there should be doctors orders allowing the patient to only have water.
- Skilled Nursing Facilities: when a patient has frequent UTI's or is dehydrated, the facility should encourage water only.

CONCERNS

- Continue education within the facility. Every facility should employ a Community Health Worker.
- Communication and awareness between the physicians, home health, and skilled nursing facilities.

SKILLED NURSING FACILITY

- After each med pass: passing out 6 ounces of water to each patient.
- Watching for signs in output and testing for an increase in specific gravity. They are concerned with payment for testing.
- Large amount of patients with dehydration/UTI. There has been a decrease from December to present of more than half (9-10 to 3-4).
- There has also been a turnover rate with nursing staff, and it seems that the nurses are not continuing the program.

UPDATE

- Presentations:
 - Healthcare Providers: 416
 - Community (Non Healthcare): 257
 - Physicians at Medical Society: 8

- Patient Education within the hospital:
 - Patients: 42

COST COMPARISON

Nacogdoches Memorial Hospital Urinary Tract Infection

	2010	2011	2012
Admission	137	133	91
Cost	\$2,509,842.30	\$2,593,648.84	\$1,553,287.12

COST COMPARISON

Nacogdoches Memorial Hospital Dehydration

	2010	2011	2012
Admission	85	59	69
Cost	\$1,114,709.97	\$789,621.83	\$1,041,150.75

QUESTIONS OR COMMENTS

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